

\$75

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Abaalmarinta Booqashooyinka Daryeelka Dhalmada Kahor

Sida loo helo kaarka hadiyada \$75 ah

Soo celi kaarkan kadib markaad dhammayso ugu yaraan 4 booqashooyinka daryeelka dhalmada kahor inta lagu jiro uurka. Xubintu waa inay ka diiwaangashan tahay South Country marka ay hesho booqashada. Waxaa la oggol yahay 4-6 toddobaad in la keeno. Kaararka aan dhammaystirnayn ama kuwa aan u qalmin waa la diidi doonaa.

Kaaraka hadiyadda ayaa la soo diri doonaa oo kaliya haddii kaarkan lagu soo diro boostada 90 maalmood gudahood ee balanta u dambaysay.

1 Qeybtan WAA IN la buuxiyaa.

Macluumaadka waxaa loogu talagalay qofka booqanaya daryeelka dhalmada kahor.

Magaca Xubinta: _____ Aqoonsiga SCHA ee Xubinta#: _____

Taariikhda Dhalashada: _____ Talefoonka Xubinta #: _____

Cinwaanka Boostada: _____

Magaalada: _____ Gobalka: _____ Koodhka boostada: _____

2 Keen kaarkan ballantaada.

Daryeel bixiye waa inuu buuxiyaa oo uu saxiixaa qeybtan si aad ugu qalanto.

Taariikhda booqashadii ugu dambeysay ee daryeelka dhalmada kahor: _____

Magaca xarunta caafimaadka: _____

Magaca Daryeel Bixiyaha: _____ Saxiixa Daryeel Bixiyaha: _____

3 Ku rid kaarkan la buuxiyay baqshad oo boostada ugu dir South Country 90 maalmood gudahood.

South Country Health Alliance
Attn: Health Promotions
6380 West Frontage Road
Medford, MN 55049



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**Abaalmarinta Booqashooyinka
Daryeelka Dhalmada Kahor**



Ma qabtaa su'aalo? Adeegyada Xubinta ee South Country Health Alliance

1-866-567-7242 ♦ isticmaalayaasha TTY waxay wici karaan 1-800-627-3529 or 711

Saacadaha Shaqada: 8 am ilaa 4:30 pm, Isniin - Jimce

limaylka: members@mnscha.org Fax: 507-444-7774

Websaytka: www.mnscha.org

Facebook Instagram

Adeegyada Xubnaha South Country 1-866-567-7242, TTY 1-800-627-3529 or 711

Attention: If you need free help interpreting this document, call the above number.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'ann ah ee tarjumaadda (afcelinta) qorallkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este document, llame al número indicado arriba.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.



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