South Country HEALTH ALLIANCE

$25 Be Rewarded™ Abaalmarinta Baaritaanka Sonkorowga (HbA1c)

ee Dadka Waaweyn iyo Xubnaha SNBC

Sida loo helo kaarka hadiyada $25 ah

Soo celi kaarkan oo la buuxiyay ka dib marka aad dhammaystirto baaritaanka sonkorta dhiigga (HbA1c). Xubnuhu waa inay hadda iska diiwaangaliyaan AbilityCare, SharedCare, SingleCare, SeniorCare Complete (MSHO) ama MSC+ taariikhda la bixiyay baaritaanka gulukooska dhiiga, waana inay haystaan nooca 1 ama nooca 2aad ee sonkorowga si ay ugu qalmaan. Xaddi ah hal kaar oo hadiyadeed sanadkiiba. Waxaa la oggol yahay 4-6 toddobaad in la keeno. Kaararka aan dhammaystirnayn ama kuwa aan u qalmin waa la diidi doonaa.

Kaarka hadiyadda ayaa la soo diri doonaa oo kaliya haddii kaarkan lagu soo diro boostada 90 maalmood gudahood ee baaritaanka.

1 Qeybtan WAA IN la buuxiyaa.

Macluumaadka waxaa loogu talagalay qofka laga baarayo sonkorta dhiiga (HbA1c).

Magaca Xubinta: _____ **Aqoonsiga SCHA ee Xubinta#:** _____

Taariikhda Dhalashada: _____ **Talefoonka Xubinta #:** _____

Cinwaanka Boostada: _____

Magaalada: _____ **Gobalka:** _____ **Koodhka boostada:** _____

2 Keen kaarkan ballantaada.

Daryeel bixiye waa inuu buuxiyaa oo uu **saxiixaa** qeybtan si aad ugu qalanto.

Taariikhda la dhameeyay baaritaanka HBA1c: _____

Magaca xarunta caafimaadka: _____

Magaca Daryeel Bixiyaha: _____ **Saxiixa Daryeel Bixiyaha:** _____

3 Ku rid kaarkan la buuxiyay baqshad oo boostada ugu dir South Country 90 maalmood gudahood.

South Country Health Alliance
Attn: Health Promotions
6380 West Frontage Road
Medford, MN 55049

Take CHARGE!™

Be Rewarded™ Abaalmarinta Baaritaanka Sonkorowga (HbA1c)

South Country HEALTH ALLIANCE

Ma qabtaa su'aalo? Adeegyada Xubinta ee South Country Health Alliance

1-866-567-7242 ◆ isticmaalayaasha TTY waxay wici karaan 1-800-627-3529 or 711

Saacadaha Shaqada: 8 am ilaa 4:30 pm, Isniin - Jimce

Iimaylka: members@mnscha.org **Fax:** 507-444-7774

Websaytka: www.mnscha.org

Facebook Instagram

Adeegyada Xubnaha South Country 1-866-567-7242, TTY 1-800-627-3529 or 711

Attention: If you need free help interpreting this document, call the above number.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'ann ah ee tarjumaadda (afcelinta) qorallkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpreter este document, llame al número indicado arriba.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ADA Advisory

1-866-567-7242, TTY 711.

members@mnscha.org

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