

\$25

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Abaalmarinta Daryeelka Caafimaadka Caruurta iyo Dhalinyarada

Sida loo helo kaarka hadiyada \$25 ah

Soo celi kaarkan kadib markaad dhamaystirto booqashada daryeelka caafimaadka caruurta iyo dhalinyarada, oo sidoo kale loo yaqaan baaritaanka C&TC, ee caruurta da'doodu u dhaxayso 3-21 sano. Ilmuhu waa inuu ka diiwaan gashan yahay South Country marka uu marayo baaritaanka/la baarayo. Waxaa la oggol yahay 4-6 toddobaad in la keeno. Kaararka aan dhammaystirnayn ama kuwa aan u qalmin waa la diidi doonaa. Fadlan wac Adeegyada Xubnaha haddii aad u baahan tahay caawimaad ku saabsan qabsashada balanta, gaadiidka ama adeegyada turjumaadda.

Kaarka hadiyadda ayaa la soo diri doonaa oo kaliya haddii kaarkan lagu soo diro boostada 90 maalmood gudahood ee baaritaanka.

1

Qeybtan WAA IN la buuxiyaa.

Macluumaadka waxaa loogu talagalay qofka baaritaanka lagu samaynayo/soo booqday.

Magaca Xubinta: _____ Aqoonsiga SCHA ee Xubinta#: _____

Taariikhda Dhalashada: _____ Talefoonka Waalidka
ama Masuulka #: _____

Cinwaanka Boostada: _____

Magaalada: _____ Gobalka: _____ Koodhka boostada: _____

2

Keen kaarkan ballanta ilmahaaga.

Daryeel bixiye waa inuu buuxiyaa oo uu saxiixaa qeybtan si aad ugu qalanto.

Taariikhda la dhameeyay baaritaanka/booqashada: _____

Magaca xarunta caafimaadka: _____

Magaca Daryeel Bixiyaha: _____ Saxiixa Daryeel Bixiyaha: _____

3

Ku rid kaarkan la buuxiyay baqshad oo boostada ugu dir South Country 90 maalmood gudahood.

South Country Health Alliance
Attn: Health Promotions
6380 West Frontage Road
Medford, MN 55049



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Ma qabtaa su'aalo? Adeegyada Xubinta ee South Country Health Alliance

1-866-567-7242 ♦ isticmaalayaasha TTY waxay wici karaan 1-800-627-3529 or 711

Saacadaha Shaqada: 8 am ilaa 4:30 pm, Isniin - Jimce

limaylka: members@mnscha.org **Fax:** 507-444-7774

Websaytka: www.mnscha.org

f Facebook **@ Instagram**

Adeegyada Xubnaha South Country 1-866-567-7242, TTY 1-800-627-3529 or 711

Attention: If you need free help interpreting this document, call the above number.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'ann ah ee tarjumaadda (afcelinta) qorallkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este document, llame al número indicado arriba.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.



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