South Country HEALTH ALLIANCE

# $25 Be Rewarded™

# Abaalmarinta Baaritaanka Kansarka Qeybta Hore ee Ilmo-galeenka

## Sida loo helo kaarka hadiyada $25 ah

Soo celi kaarkan oo la buuxiyay ka dib marka aad dhammaystirto baaritaanka kansarka afka hore ilmo galeenka. Xubnaha South Country ee da'doodu u dhaxayso 21 illaa 65, ama sida uu ku taliyay daryeel bixiyaha. Xaddi ah hal kaar oo hadiyadeed sanadkiiba. Waxaa la oggol yahay 4-6 toddobaad in la keeno. Kaararka aan dhammaystirnayn ama kuwa aan u qalmin waa la diidi doonaa.

**Kaarka hadiyadda waxaa la soo diri doonaa oo keliya haddii kaarkan lagu calaamadeeyay boostada 90 maalmood gudaheed ee baaritaanka.**

## 1 Qeybtan WAA IN la buuxiyaa.

Macluumaadka waxaa loogu talagalay qofka baaritaanka lagu samaynayo.

**Magaca Xubinta:** _____ **Aqoonsiga SCHA ee Xubinta#:** _____

**Taariikhda Dhalashada:** _____ **Talefoonka Xubinta #:** _____

**Cinwaanka Boostada:** _____

**Magaalada:** _____ **Gobalka:** _____ **Koodhka boostada:** _____

## 2 Keen kaarkan ballantaada.

Daryeel bixiye waa inuu buuxiyaa oo uu **saxiixaa** qeybtan si aad ugu qalanto.

Taariikhda la dhamaystiray baaritaanka kansarka qeybta hore ee ilmo-galeenka: _____

Magaca xarunta caafimaadka: _____

**Magaca Daryeel Bixiyaha:** _____ **Saxiixa Daryeel Bixiyaha:** _____

## 3 Ku rid kaarkan la buuxiyay baqshad oo boostada ugu dir South Country 90 maalmood gudahood.

South Country Health Alliance
Attn: Health Promotions
6380 West Frontage Road
Medford, MN 55049

Take CHARGE!™ Be Rewarded™

# Abaalmarinta Baaritaanka Kansarka Qeybta Hore ee Ilmo-galeenka

South Country HEALTH ALLIANCE


**Ma qabtaa su'aalo? Adeegyada Xubinta ee South Country Health Alliance**

**1-866-567-7242 ◆ isticmaalayaasha TTY waxay wici karaan 1-800-627-3529 or 711**

Saacadaha Shaqada: 8 am ilaa 4:30 pm, Isniin - Jimce

**Iimaylka:** members@mnscha.org **Fax:** 507-444-7774

**Websaytka:** www.mnscha.org

Facebook Instagram


**Adeegyada Xubnaha South Country 1-866-567-7242, TTY 1-800-627-3529 or 711**

Attention: If you need free help interpreting this document, call the above number.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'ann ah ee tarjumaadda (afcelinta) qorallkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpreter este document, llame al número indicado arriba.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ADA Advisory

1-866-567-7242, TTY 711.

members@mnscha.org

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