

UPCOMING TF-CBT TRAINING

DHS Offering Free Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Training for Mental Health Professionals

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is an evidence-based psychotherapy approach designed to treat posttraumatic stress and related emotional and behavioral difficulties in children and adolescents. Thanks to a grant from the Minnesota Department of Human Services (DHS), this TF-CBT training is free for qualified participants. Mental health professionals will gain a comprehensive understanding of TF-CBT and its application in therapy through four days of training and 14 consultations.

IMPORTANT: TF-CBTWeb is an online prerequisite for this training. If you are accepted for this training, you will need to complete the 10-hour prerequisite, which costs \$35. Your certificate of completion is due by October 20th, 2025. If this is not received prior to the training, you will not be able to attend.

▪ EVENT DETAILS

- **DATES:** October 23rd and 29th 2025 (Basic Training)
December 3rd and 5th 2025 (Advanced Training)
- **TIME:** 9 a.m. – 5 p.m. CDT
- **WHERE:** Both Sessions will be fully virtual on Zoom
- **REGISTRATION:** [TF-CBT Training Application](#)

DHS asks that participants meet the following criteria:

- Our TF-CBT Training program is designed for Minnesota-based therapists to learn the basics of TF-CBT as well as advanced applications of TF-CBT to special populations/ clinical presentations such as foster care, African American youth, youth on the autism spectrum, LGBTQ+ youth, traumatic grief, youth with problematic sexual behaviors and more.
- Trainees must be licensed/licensed-eligible therapists in mental health and interested in becoming certified TF-CBT providers.



- Trainees must have agency support for TF-CBT materials, sufficient training time, and referrals of at least two to four TF-CBT cases in the 14 months following the training.
- Trainees must provide psychotherapy to an active caseload of age-appropriate children/adolescents (ages 3 – 18) who have clear memory of their trauma as well as access to an engaged support person/ caregiver.

For any questions about this webinar, please contact [Anna Zaros](#)

For more information on TF-CBT certification, visit <https://tfcbt.org/>

South Country Provider Contact Center

1-888-633-4055

Hours: 8 a.m. - 4:30 p.m.

The Provider Contact Center staff are available as your first point of contact to assist with the following.

Member benefit coverage

Authorization verification

Website questions

Claims billing and processing guidelines

Remittance adjustment code details and payment information

Provider web portal issues

Claim rejection guidance

General information

South Country wants to ensure providers are reimbursed for services provided to our members and following all billing guidelines. Our staff are committed to support and guide you in understanding all South Country processes and procedures. In addition, callers that utilize our Provider Contact Center are provided a reference number that identifies your call in our system. Please keep the reference number in your records to refer to if you have any additional questions or need to check the status of an open issue. The reference number will help the representative locate your issue quickly.