



# OTC Program eligible product categories

Products in each category vary by brand, vendor and location. Not all categories or products are available at all participating retailers.

Visit [mybenefitscenter.com](https://mybenefitscenter.com) and download the OTC Network mobile app to find a full list of participating stores, search for eligible items, check your card balance, and more!

No English



1-866-567-7242

TRS: 711

Attention: If you speak English, free language assistance services are available to you free of charge and without unnecessary delay. Additionally, appropriate auxiliary aids and services to provide information in accessible formats are available free of charge in a timely manner. Please call the number above or speak to your provider.  
English

Fiiro gaar ah: Haddii aad ku hadasho Soomaali, waxaa si bilaash ah kuugu diyaar ah adeegyada caawinada luuqadeed oo aan lahayn daahitaan aan munaasib ahayn. Intaas waxaa dheer, waxaa la heli karaa adeegyada iyo kaabitaanka naafada ee haboon si macluumaadka loogu bixiyo qaabab la adeegsan karo oo bilaash ah laguna bixinayo waqqigeeda. Fadlan wac lambarka kore ama la hadal adeegbixiyahaaga. Somali

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Ceeb Toom: Yog koj hais lus Hmoob, muaj kev pab txhais lus dawb rau koj siv. Koj tsis tas them nqi thiab yuav tsis qeeb. Kuj muaj cuab yeej thiab kev pab los pab koj nyeem cov ntaub ntauv kom yooj yim nkag siab. Koj hu tau rau tus xov tooj saum toj no lossis nrog koj tus kws kho mob tham. Hmong

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# Buy. Save. Stay healthy!

Buy eligible items from participating retailers with ease.

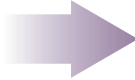
## Using the card is simple:



Activate your  
OTC card



Visit a participating  
store



Swipe your OTC  
card first to pay



Shop for  
eligible items

Eligible items will automatically be paid for up to the available balance on the card. Use another form of payment for any remaining balance due, if needed.



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## **Baby Care**

### **Baby Grooming**

Cotton Swabs

### **Baby Health, Beauty and Wellness**

Baby Medicines

Baby Oil, Lotions and Creams

Baby Therapeutic Skin Care (not diaper rash)

Electrolytes

Petroleum Jelly and Barrier Creams

### **Disposable Diapers and Wipes**

Wipes and Flushables

## **Batteries**

### **Hearing Aid Batteries**

## **Cold and Allergy**

### **Allergy**

Allergy Liquids

Allergy Nasal Sprays, Drops and Inhalers

Allergy Tabs and Caps

Hypo-Allergenic Bedding

### **Children's Cold and Allergy**

Children's Allergy

Children's Cough, Cold, Flu and Sinus

Children's Nasal

Children's Throat and Cough Relief

### **Cough Drops, Sore Throat Relief**

Sore Throat Pain Relief

Throat and Cough Drops

### **Cough, Cold, Flu and Sinus**

Cold and Flu Preventatives/Symptom Reducers

*Continued on next page.*

Cough, Cold, Flu and Sinus Liquids  
Cough, Cold, Flu and Sinus Tabs and Caps

## **Lip Care**

Medicated Lip Treatments

## **Nasal**

Decongestant Nasal Sprays, Drops and Inhalers  
Nasal Moisturizers and Washes  
Nasal Strips, Dilators and Snore Relief

## **Respiratory Treatments**

Asthma Preparations  
Vapor Products (Includes Waterless Vaporizers)  
Vaporizers, Humidifiers and Accessories

## **Compression Support**

### **Low Compression (8-15mmHg)**

Low Compression-Men's and Unisex Knee High (8-15 mmHg)  
Low Compression-Men's and Unisex Thigh High (8-15 mmHg)  
Low Compression-Waist High and Pantyhose (8-15 mmHg)  
Low Compression-Women's Knee High (8-15 mmHg)  
Low Compression-Women's Thigh High (8-15 mmHg)

### **Mod-High Compression (Over 8-15mmHg)**

Moderate to High Compression-Men's and Unisex Knee High  
Moderate to High Compression-Men's and Unisex Thigh High  
Moderate to High Compression-Sleeves, Garments and  
Lymphedema Treatments  
Moderate to High Compression-Waist High and Pantyhose  
Moderate to High Compression-Women's Knee High  
Moderate to High Compression-Women's Thigh High

## **Diabetes Management**

### **Diabetes Health and Wellness**

Diabetes Cough, Cold and Allergy

*Continued on next page.*

Diabetes Hosiery  
Diabetes Neuropathy and Skin Care  
Diabetes Supplements

### **Diabetes Management Accessories**

Alcohol Swabs and Wipes  
Sharps Containers and Supplies

### **Diabetes Nutritionals**

Diabetes Nutritional Bars  
Diabetes Nutritional Liquids  
Glucose Tablets, Gels, Etc.

### **Urine Testing**

Urine Test Strips  
Urine Test Tabs

## **Digestive Health**

### **Anti-Diarrheals**

Anti-Diarrheal Liquids  
Anti-Diarrheal Tabs and Caps  
Diarrhea-Related Oral Rehydration Therapy

### **Anti-Gas**

### **Children's Digestive Health**

Children's Anti-Diarrheals  
Children's Anti-Gas  
Children's Prebiotics and Probiotics  
Children's Stomach Remedies  
Children's stool softeners, fiber laxatives, enemas, laxative suppositories

### **Digestive Aids**

Digestive Enzymes  
Digestive Health Prebiotics and Probiotics  
Lactose Intolerance

*Continued on next page.*

## **Hemorrhoid Preparations**

Hemorrhoid Treatments

Hemorrhoid Wipes and Washes

## **Laxatives**

Enemas, Laxative Suppositories, Kits, Etc.

Fiber Products

Laxative Liquids and combination stool-softener products

Non-liquid Laxatives (non-fiber) and combination stool-softener products

Stool Softeners

## **Stomach and Nausea Remedies**

Acid Controllers

Antacid Liquids

Antacid Tabs and Caps

Multi-Symptom Products

Nausea and Motion Sickness

## **Eye and Ear Care**

### **Contact Lens Care**

Gas Permeable and Hard Lens Care

Soft Lens Cleaners

Soft Lens Multi-Purpose Solutions

Soft Lens Rewetting Drops

Soft Lens Saline Solutions

### **Ear Care**

Ear Drops and Syringes

Lipoflavonoids

### **Eye Preparations**

Dry Eye Relief

Eye Relief Products

Eye Wash

*Continued on next page.*

## **Eyewear and Lens Accessories**

Eyewear Cleaners, Wipes and Cloths

## **Reading Glasses and Magnifying Glasses**

Magnifying Glasses

Reading Glasses

## **Sunglasses and Blue Light Blockers**

Blue Light Blocking Eyewear and Device Filters

## **Family Planning**

### **Condoms and Barrier Contraceptives**

Male Condoms

## **Feminine Care**

### **Feminine Antifungals**

### **Feminine Personal Care**

Deodorants and Powders

Douches

Feminine Anti-Itch

Feminine Moisturizers

Wipes and External Washes

### **Feminine Protection**

Feminine Pads

Menstrual Cups

Pantiliners

Reusable Feminine Protection

Tampons

## **First Aid**

### **Antiparasitic Treatments**

Lice Treatments and Accessories

Pinworm and Ringworm Treatments

*Continued on next page.*

## **Children's First Aid**

Children's First Aid Dressings

Children's First Aid Treatments

## **First Aid Kits and Supplies**

Cotton Balls

Finger Cots and Splints

First Aid Kits

First Aid Tapes and Adhesive Wraps

Masks (Respiratory, Barrier etc.)

Protective Gloves

## **Itch Treatments**

Botanical Exposure Treatments

Chronic Itch Treatments

General Itch Treatments

Jock Itch Treatments

## **Wound and Surgical Dressings**

Adhesive and Liquid Bandages

Alginate and Collagen Dressings

Foam Dressings

Gauze, Non-Stick and Absorbent Dressings

Hydrocolloid and Hydrogel Dressings

Transparent Dressings

## **Wound Treatments and Skin Relief**

Epsom Salt Soak

Scar Treatments

Skin Protectants (Includes Petroleum Jelly)

Topical Antibiotics and Antimicrobials

Wound, Burn and Skin Treatments (Includes Epsom Salt)

## **Wound Washes and Cleansers**

Hydrogen Peroxide

Povidone Iodine

*Continued on next page.*

Rubbing Alcohol  
Saline Solutions and Sprays

## **Foot Care**

### **Antifungal Treatments**

Antifungal Creams and Liquids  
Antifungal Powders  
Antifungal Sprays  
Nail Fungus and Repair Treatments

### **Foot Cushioning and Treatments**

Ball of Foot Cushioning  
Corn and Callus Removers  
Corn, Callus and Bunion Pads  
General Foot Cushioning and Protection  
Toe Cushioning and Protection

### **Foot Grooming and Pain Relief**

Foot Moisturizers, Exfoliators and Cleansers  
Foot Pain Relief

### **Odor and Wetness Treatments**

Odor and Wetness Powders  
Odor and Wetness Sprays

### **Shoe Insoles and Inserts**

Ball of Foot Inserts  
Heel and Arch  
Heel Cups, Arch Supports and Orthotics  
Insoles  
Plantar Fasciitis Products

### **Wart Removers**

Wart Removers

## **Hair Care**

### **Therapeutic Shampoo, Conditioners and Scalp Treatment**

Therapeutic Conditioners

Therapeutic Hair and Scalp Treatments

Therapeutic Shampoos

## **Health Supports**

### **Abdominal Supports and Rib Belts**

Abdominal Supports

Rib Belts

### **Braces and Supports**

Ankle and Foot

Elbow and Arm

Hand and Wrist

Joint Warmers and Arthritis

Knee

Thigh, Calf and Shin

### **Elastic Bandages and Athletic Treatments**

Elastic Bandages

Kinesiology Tapes, Supports and Supplies

Protective Guards

### **Hot/Cold Therapy**

Electric Heating Pads

### **Orthopedic and Surgical Support**

Arm Slings and Cervical Collars

Hernia Supports and Suspensories

Sacro and Back Braces

Shoulder and Clavicle Braces

*Continued on next page.*

## **Home Diagnostics and Patient Aids For Daily Living**

### **Home Diagnostics**

Blood Pressure Kits and Accessories  
Cholesterol Meters and Testing Kits  
Drug and Alcohol Tests  
Home Tests for Colon Cancer  
Home Tests for COVID (Coronavirus)  
Pulse Oximeters and Heart Rate Monitors  
Stethoscopes and Accessories  
Thermometers, Fever Strips and Accessories

### **Patient Aids For Daily Living**

Bathing and Oral Hygiene Aids  
Eating and Drinking Aids  
Grooming and Dressing Aids  
Medical Alert IDs and Devices  
Medication Compliance and Safety Aids  
Mobility Safety: stair rails, stair treads, temporary mobility ramps  
Night Lights  
Non-Slip Socks and Slippers  
Reachers, Grippers and Lifts  
Reading, Writing and Telephone Aids

## **Home Health Care**

### **Bathroom Safety**

Bathtub and Toilet Rails and Frames  
Bathtub Safety and Accessories  
Elevated Toilet Seats and Accessories  
Grab Bars and Handles  
Hand Held Showers  
Sitz Baths and Bidets

*Continued on next page.*

## **Medical/Surgical Supplies**

Hand Cleaners and Sanitizers

## **Patient Room Supplies**

Commodes and Commode Parts

Urinals and Bedpans

## **Pressure Relief, Positioning and Support**

Backrests, Seating and Posture Aids

Wedges and Pillows

## **Respiratory Therapy**

Air Purifiers and Filters

Peak Flow Meters and Accessories

Respiratory Sanitizing

## **Spec Orthopedic Braces/Support/Splints**

Specialized Ankle and Foot Braces/Supports/Splints

Specialized Elbow and Arm Braces/Supports/Splints

Specialized Knee Hinged Braces/Supports/Splints

Specialized Knee Immobilizer Braces/Supports/Splints

Specialized Shoulder and Clavicle Braces/Supports/Splints

Specialized Thigh and Calf Braces/Supports/Splints

Specialized Wrist and Hand Braces/Supports/Splints

## **Walking Aids**

Canes

Canes for the Visually Impaired

Quad Canes

Walkers and Rollators

Walking Aid Accessories

## **Wheelchair Accessories**

Wheelchair Cushions/Seats

## **Homeopathic Kits and Single Remedies**

### **Homeopathic Kits and Single Remedies**

Homeopathic Accepted Remedies

## **Household Products**

### **Insect Repellents**

### **Plastic, Foil and Paper Products**

Bath Tissue Wipes

## **Incontinence**

### **Disposable Incontinence**

Disposable Briefs and Undergarments

Disposable Pads, Shields, Guards and Drip Collectors

Disposable Underpads

Disposable Underwear

### **Incontinence Personal Care**

Deodorizers

Over-Active Bladder Medications

Perineal - Antifungals

Perineal - Cleansers and Washes

Perineal - Moisturizers, Barriers and Protectants

Perineal - Wipes and Towelettes

### **Reusable Incontinence**

Reusable Garments

Reusable Underpads

## **Oral Care**

### **Children's Oral Care**

Children's Mouthwash and Oral Rinses

Children's Toothpaste

Children's Floss and Interdental

*Continued on next page.*

## **Denture Care**

- Denture Adhesives
- Denture Cleaners and Accessories
- Denture Repair and Pain Relief

## **Interdental, Floss and Gum Care**

- Dental Gum
- Floss and Flossers
- Gum Care
- Interdental

## **Mouthwash and Breath Care**

- Breath Fresheners
- Mouthwash
- Therapeutic Breath Treatments

## **Oral Remedies**

- Dry Mouth
- Night and Grind Guards
- Oral Pain Relief and Mouth Sores
- Temporary Dental Repair

## **Toothbrushes**

- Battery Toothbrushes and Refills
- Manual Toothbrushes
- Rechargeable Toothbrushes and Refills

## **Toothpaste and Treatments**

- Regular Toothpaste and Tooth Powder
- Sensitive Toothpaste and Treatments
- Whitening Toothpaste

## **Pain Relief**

### **Children's Pain and Fever Relief**

- Children's Acetaminophen
- Children's Ibuprofen

*Continued on next page.*

## **External Pain Relief**

External Muscle/Joint Pain Relief Creams, Ointments and Gels  
External Muscle/Joint Pain Relief Lotions, Liquids, Roll-Ons and Sprays  
External Muscle/Joint Pain Relief Patches and Pads  
TENS Units and Replacement Pads

## **Internal Pain Relief**

Adult Acetaminophen  
Adult Aspirin and Combinations  
Adult Ibuprofen and Other Anti-Inflammatories  
Adult Nighttime Pain Relief  
Adult Specialty Pain Relief  
Feminine Pain Relief

## **Sleep Aids and Stimulants**

Stimulants

## **Patient Skin Care**

### **Patient Cleansing and Bathing**

Cleansers and Washes  
Wipes and Towelettes

### **Patient Skin Support**

Antifungals  
Moisturizers, Barriers and Protectants

## **Physical Fitness and Exercise Equipment**

### **Physical Fitness**

Balls/Stability Devices (Balls, Boards, Etc.)  
Cardio (Aerobic Steps, Jump Ropes)  
Foam Rollers/Massage Devices  
Multi-Function Fitness Trackers  
Pedometers  
Scales (Includes Body Fat Analyzers)

*Continued on next page.*

Strength/Range of Motion (Bands, Hand Exercisers, Etc.)  
Weights  
Yoga Mats

## **Skin Care**

### **Bath Products**

Therapeutic Bath and After Bath

### **Cosmetic Puffs and Pads**

### **Facial and Body Acne Medications**

Acne Astringents and Toners

Acne Creams, Gels, Lotions and Patches

Acne Soaps and Cleansers

### **Facial Moisturizers and Treatments**

Eye Treatments

Facial Moisturizers

Therapeutic Facial Treatments

### **Hand and Body Cleansing**

Body Cleansing Liquids (Body Washes and Gels)

Hand and Body Cleansing Bars (Soap)

Hand and Body Cleansing Wipes

Hand Cleansing Liquids

Instant Hand Sanitizers

### **Hand and Body Moisturizers and Treatments**

Beauty Hand and Body Moisturizers

Hand and Body Moisturizing Sets

Therapeutic Hand and Body Moisturizers

Therapeutic Hand and Body Treatments

### **Therapeutic and Specialty Soaps**

## **Sleep**

### **Children's Sleeping and Calming Aids**

#### **Sleep Aids**

Sleep Aids and Sedatives

White Noise Machines

#### **Specialty Supplements**

Sleep, Stress and Anxiety

## **Sun Care**

### **After Sun and Sun Accessories**

After Sun

#### **Sun Protection**

Body Sun Protection

Face Sun Protection

Sport Sun Protection

Sun Care Lip Protection

## **Vitamins and Dietary Supplements**

### **Children's Vitamins and Dietary Supplements**

Children's Herbals

Children's Vitamins and Minerals

#### **Herbals and Botanicals**

Herbal Medicine

Traditional Herbals

#### **Letter Vitamins**

#### **Mineral Supplements**

#### **Multivitamins**

Eye Health Vitamins

#### **Specialty Supplements**

Brain, Memory and Focus Health

Collagen

*Continued on next page.*

CoQ10 (UBIQUINOL)

General Health Prebiotics and Probiotics

Heart and Vascular Health

Joint Health (incl. Glucosamine, not Turmeric)

Joint Health with Turmeric

Menopause Support (Soy)

## **Weight Management and Nutritional Foods**

### **Diuretics and Weight Loss Cleansing and Detox**

Diuretics

Weight Loss Cleansing and Detox

### **Nutritional Foods**

Nutritional Foods with Added Fiber/Protein

Nutritional Liquids

Nutritional Powders

Thickeners and Pre-Thickened Beverages/Foods

### **Sport/Energy**

General Health Oral Rehydration Therapy

### **Weight Management**

Food Scales

Weight Management Foods, Liquids and Powders

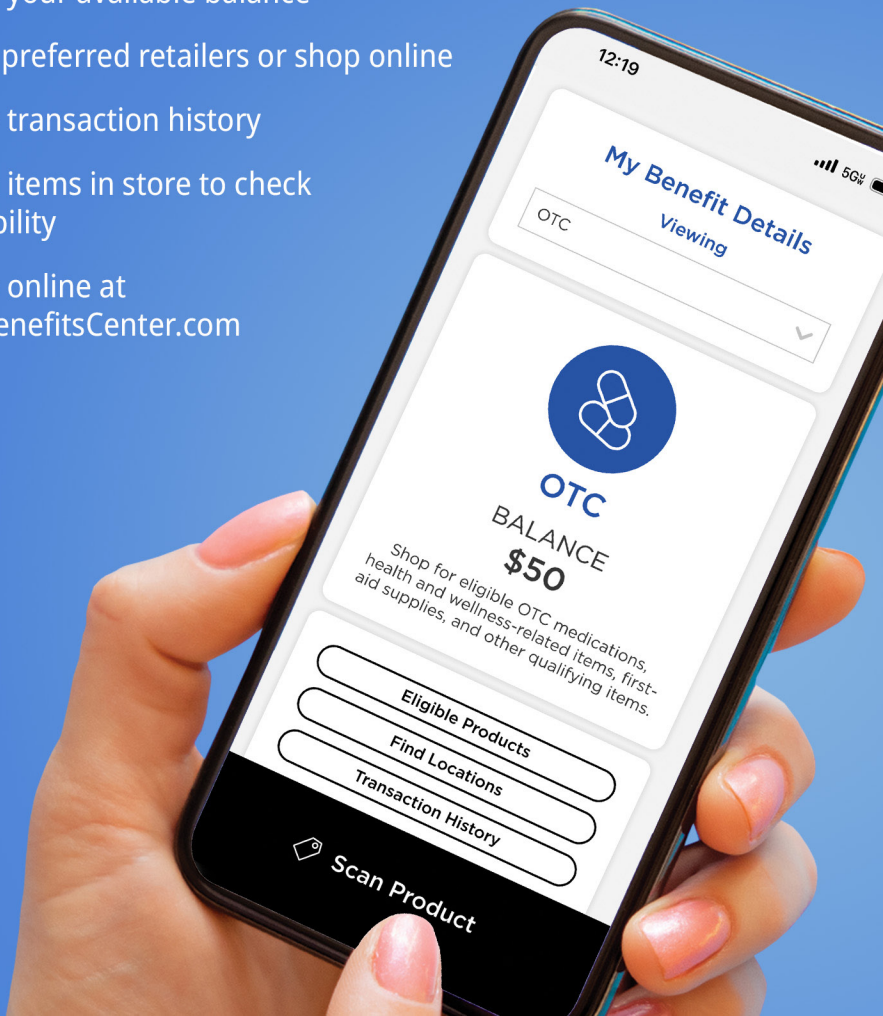
Weight Management Tabs and Caps

All your benefits in one easy place:

# Download the App

Enter your OTC card number and one secondary ID field to view your benefits. (Example: Member ID)  
*Do not include spaces or dashes.*

- ✓ View your available balance
- ✓ Find preferred retailers or shop online
- ✓ View transaction history
- ✓ Scan items in store to check eligibility
- ✓ View online at [MyBenefitsCenter.com](https://www.MyBenefitsCenter.com)





SeniorCare Complete and AbilityCare are health plans that contract with both Medicare and the Minnesota Medical Assistance Program to provide benefits of both programs to enrollees. Enrollment in either plan depends on contract renewal.