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"Providing Consumer-focused, Community-based Health Care To Minnesota Counties"

Aspirin therapy can help prevent recurrent heart attacks or strokes.

If you have any of the following conditions, check with your doctor to see if aspirin therapy is right for you.

- You have Diabetes
- You have had a heart attack
- You have had an ischemic stroke or a mini-stroke (transient ischemic attack)
- You have angina
- You have had certain heart procedures, such as angioplasty or a bypass operation

If you have any of the conditions listed below, ask your doctor if a daily dose of aspirin is right for you.

- You are allergic to Aspirin or related products
- You have bleeding problems
- You have peptic ulcer disease
- You have kidney or liver diseases
- You drink more than 3 alcoholic beverages daily
- You have rhinitis, asthma or nasal polyps
- You are having surgery in 1-2 weeks
- You have gout
- You are currently using a blood thinner (such as Warfarin)
- You use methotrexate
- You have heart disease, high blood pressure or congestive heart failure

Aspirin Side effects

Continue taking, but talk with your doctor if you experience:

- Upset stomach
- Heartburn
- Drowsiness
- Headache
- Unusual but not severe bruising or bleeding

Stop taking aspirin and call your doctor immediately if you experience:

- Black, bloody, or tarry stools
- Coughing up blood or vomit that looks like coffee grounds
- Severe nausea, vomiting, or stomach pain
- Fever lasting longer than 3 days
- Swelling or pain lasting longer than 10 days
- Hearing problems, ringing in your ears
- Unusual and severe bleeding

— SERVING THESE MINNESOTA COUNTIES —

Brown ♦ Cass ♦ Crow Wing ♦ Dodge ♦ Freeborn ♦ Goodhue ♦ Kanabec ♦ Morrison ♦ Sibley ♦ Steele ♦ Todd ♦ Wabasha ♦ Wadena ♦ Waseca

www.mnscha.org

This list includes some common over the counter medications that contain aspirin.

You may already be taking aspirin daily without a prescription, or you may be taking too much aspirin daily. Tell your doctor if you are taking any of these over the counter medications.

- ◆ Alka-Seltzer Antacid/Pain Reliever
- ◆ Effervescent Tablets
- ◆ Alka-Seltzer Plus Cold Medicine Tablets
- ◆ Anacin Caplets/Tablets
- ◆ Anacin Maximum Strength Tablets
- ◆ Arthritis Pain Formula Tablets
- ◆ Arthritis Strength Bufferin Tablets
- ◆ Ascription Caplets/Tablets
- ◆ Ascription AID Caplets
- ◆ Aspercin
- ◆ Aspergum
- ◆ Aspirin
- ◆ Aspirin Suppositories
- ◆ Bayer Aspirin Caplets/Tablets
- ◆ Bayer Children's Chewable Tablets
- ◆ Bayer Plus Tablets
- ◆ Maximum Bayer Caplets/Tablets
- ◆ 8-Hour Bayer Extended-Release Tablets
- ◆ BC Powder
- ◆ BC Cold Powder
- ◆ Buffaprin Caplets/Tablets
- ◆ Buffasol
- ◆ Bufferin Arthritis Strength Caplets
- ◆ Bufferin Caplets/Tablets
- ◆ Buffinol
- ◆ Cama Arthritis Pain Reliever Tablets
- ◆ Doan's Pills Caplets
- ◆ Dristan
- ◆ Easprin
- ◆ Ecotrin Caplets/Tablets
- ◆ Empirin Tablets
- ◆ Excedrin Extra-Strength Caplets/Tablets
- ◆ Extra Strength Bayer Arthritis Pain
- ◆ Genacote
- ◆ Halfprin
- ◆ Kaopectate
- ◆ Regimen Formula
- ◆ Midol
- ◆ Mobigesic Analgesic Tablets
- ◆ Norwich Tablets
- ◆ P-A-C Analgesic Tablets
- ◆ Pamprin Max
- ◆ Pepto-Bismol Liquid/Tablets
- ◆ Saleto
- ◆ Sine-Off
- ◆ St. Joseph Adult Chewable Aspirin
- ◆ Therapy Bayer Caplets
- ◆ Ursinus Inlay-Tabs
- ◆ Vanquish Analgesic Caplets
- ◆ YSP
- ◆ Zorprin

This list is not all inclusive and there may be additional products containing aspirin available. Speak to your doctor to determine what is best for you.

South Country Health Alliance
Member Services 1-866-567-7242
TTY: 1-877-824-5611

Attention. If you want free help translating this information, call the above number.

ملاحظة: إذا أردت مساعدة مجانية في ترجمة هذه المعلومات، فتصل على الرقم الموجود أعلاه.

កំណត់សំគាល់ បើអ្នកចង់បានជំនួយបកប្រែឥតគិតថ្លៃស្តីពីព័ត៌មាននេះ អោយមិនគិតថ្លៃ សូមទូរស័ព្ទ លេខសេវាអោយសេរី។

Pažnja. Ako vam je potrebna besplatna pomoć za prevod ove informacije, nazovite gornji broj.

Ceeb toom. Yog koj xav tau kev pab txhais cov xov no dawb, thov hu rau tus xov tooj saud.

ໂປຼດຊາບ. ຖ້າຫາກທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປຂໍ້ຄວາມດັ່ງກ່າວນີ້ພໍສົມ, ຈົ່ງໂທຕາມເລກໂທລະສັບຮ່າງເທິງນີ້.

Hubaddhu. Yoo akka odeffannoon kun sii hiikamu gargaarsa tolaa feeta ta'e, lakkoofsa armaa olii bilbili.

Внимание. Если вам нужна бесплатная помощь в переводе этой информации, позвоните по указанному выше телефону.

Ogow. Haddii aad dooneyso in lagaa kaalmeeyo tarjama dda macluumaadkani oo lacag la'aan ah, wac lambarka kore.

Atención. Si desea recibir asistencia gratuita para traducir esta información, llame al número que aparece más arriba.

Chú Ý. Nếu quý vị cần dịch thông tin này miễn phí, xin gọi số nêu trên.

1-866-567-7242

This information is available in other forms to people with disabilities by calling 1-866-567-7242 (toll free), or 1-800-627-3529 (TTY), or 711, or through the Minnesota Relay Service at 1-877-627-3848 (speech to speech relay service).